

## AGNES RF PATIENT AFTER CARE INSTRUCTIONS



For acne, blackheads, Fordyce spots and syringomas treated there may be some mild redness in the area for 1-3 days. *This redness may be concealed with light foundation if you wish, with no other specific aftercare required.*

For skin tightening, fat reduction and eye-bag treatment redness and swelling usually lasts 3-7 days but can be up to 2 weeks. *The redness may be covered with makeup or foundation from day 1 onwards.*

Bruising is common and will resolve.

For all treatments some skin numbness can occur. *This is transient and will resolve but can last up to 6 weeks*

Avoid touching the treated area as much as possible for at least four hours to allow injection sites to heal over, and when you do wash your hands before to avoid introducing external infection.

Immediately following the treatment you may begin applying ice to the treated areas every half hour to reduce swelling and discomfort. Wrap the ice in a thin towel or paper towel. **Do not apply frozen packs directly to your skin.**

After skin tightening, fat reduction and eye-bag treatments, the Stratacel gel can be applied twice a day for 4 to 5 days. **However, you should discuss this with your doctor prior to use.**

Do not use any cosmeceuticals with active ingredients such as vitamin C and retinol for 48 hours after treatments. Otherwise return to your usual routine the day after treatment.

Paracetamol should be adequate to manage any discomfort if any, and any itching may be managed with promethazine 25mg available over the counter. **Feel free to discuss these medications with your treating Doctor.**

**For any queries or concerns relating to your post-operative care please call Absolute Cosmetic Medicine on (08) 9389 9099, or if any problems or complications Dr Syed can be contacted directly on on 0402 291 967.**