

FOX EYE THREAD AFTERCARE

Please see the website www.absolutemakeover.com.au for more information

The recovery period of a Fox Eye treatment is minimal when compared with surgical facelifts, recovery normally takes a few days rather than several weeks as with surgical facelifts. There is still the potential for bruising and some tenderness or discomfort can occur.

We recommend avoiding make up for 48 hours after the treatment. Also, you should avoid high impact activity following the treatment and avoid dental procedures for at least 4 weeks after the treatment, to ensure the sutures are properly settled.

WHAT IS THE RECOVERY PERIOD FOR FOX EYE TREATMENT?

The recovery period for Fox Eye Treatment can vary depending on a variety of factors and can be anywhere between a few days and up to two weeks.

Typically, after a few days you will be ready to go back to work and your daily routine. There are some aftercare recommendations to take into considerations, to acquire the best results.

WHAT AFTERCARE IS NEEDED FOR FOX EYE THREAD LIFTS?

There are a variety of post-treatment recommendations to aid in recovery and to minimise any potential negative effects on the MINT Thread suspension sutures.

- Apply a cold pack immediately after the procedure if required
- Follow your physician's recommendations if they prescribe any analgesic drug or painkillers
- No makeup to be worn for 24 hours
- Sleep face up, elevated on pillows (minimum of 3-5 nights, but ideally, 7-14 nights)
- Wash, shave and dry face gently without rubbing (5 days)
- Avoid over exposure to direct sunlight and do not use tanning beds (2 weeks)
- Avoid sports, in particular high impact sports e.g., running (2 weeks)
- Avoid excessive facial movements (2 weeks)
- Do not use Turkish baths or saunas (3 weeks)
- Avoid dental surgery (3 weeks)
- Avoid facial massages and facial aesthetic treatments (4 weeks)

If you suffer severe pain, heat, redness or unusual disturbances (including visual) contact our urgent after-hours number on 0412 835 867. Please note this is for urgent concerns only. Alternatively, please call during the open clinic hours on (08) 9389 9099.