

CARE AFTER THE PROCEDURE

Regenera Activa patients will notice an improvement in their hair density and count, as well as scalp coverage, after one month of treatment. Some patients also experience a reduced rate of hair loss. However, it can take up to twelve months for the best noticeable results, where patients notice an improvement in hair thickness, coverage, and new hair growth. Patients who receive the treatment in conjunction with other hair loss treatments may experience even better results.

General aftercare instructions for Regenera Active will include:

- Avoid washing your hair or scratching your scalp for at least 24 hours post-treatment to minimise discomfort and risk of infection.
- Do not swim in the sea or pool for two to three days afterwards.
- Avoid saunas, prolonged sun exposure, and strenuous activity for a few days.
- Ensure you maintain a healthy diet containing foods proven to support healthy hair and growth, such as berries, spinach, avocado, sweet potatoes, nuts, and soybeans.
- Contact our clinic if you experience any issues.